

**$\beta$ -glucan administration enhances disease resistance and some innate  
immune responses in zebrafish (*Danio rerio*)**

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## Abstract

The present study was conducted to investigate the effect of  $\beta$ -glucan (derived from *Sacharomyces cerevisiae*) on the immune response and its protection against an infection of the bacterial pathogen *Aeromonas hydrophila* in zebrafish (*Danio rerio*). Zebrafish received  $\beta$ -glucan by intraperitoneal injection at three different concentrations (5, 2 and 0.5 mg/ml) at 6, 4 and 2 days prior the challenge. On challenge day the control and  $\beta$ -glucan pretreated zebrafish were intraperitoneally injected with *A. hydrophila* and mortality was recorded for 4 days. Intraperitoneal injection of 5 mg/ml of  $\beta$ -glucan significantly reduced the mortality. A single injection of 5 mg/ml of  $\beta$ -glucan 6 days before challenge also enhanced significantly the survival against the infection. The treatment with  $\beta$ -glucan increased the myelomonocytic cells population from kidney at 6 hours postchallenge with *A. hydrophila*. Moreover it enhanced the ability of kidney cells to kill *A. hydrophila*.  $\beta$ -glucan did not affect the expression of TNF $\alpha$ , IL1 $\beta$  but it seemed to modulate the IFN $\gamma$  and chemoquines expression in kidney.

Keywords: Zebrafish;  $\beta$ -glucan; Immune response; Disease resistance; Intraperitoneal injection; *Aeromonas hydrophila*

## Introduction

$\beta$ -glucan is a heterogeneous group of glucose polymers, consisting of a backbone of  $\beta$ -(1 $\rightarrow$ 3)-linked  $\beta$ -D-glucopyranosyl units with  $\beta$ -(1 $\rightarrow$ 6)-linked side chains of varying length and distribution. These polysaccharides are major cell wall structural components in fungi and are also found in plants and some bacteria.  $\beta$ -glucan has been shown to be immunostimulant and to possess an array of beneficial properties, including enhancing protection against infections [1,2], tumour development [3,4] and sepsis [5,6].

The effect of  $\beta$ -glucan has been attributed to its binding to several receptors on leukocytes resulting in the stimulation of immune responses, such as bacteria killing activity [2], modulation of cytokine production [7,8] and survival promotion at the cell, organ and whole animal levels [8,9].

*Aeromonas* spp. are ubiquitous inhabitants of aquatic ecosystems such as freshwater, coastal water, and sewage [10]. They are increasingly being reported, especially *Aeromonas hydrophila*, which is responsible for haemorrhagic septicemia, a disease affecting a wide variety of freshwater fish species and occasionally marine fish [11-15]. Furthermore, the bacterium is an emerging human pathogen that causes a variety of diseases, most commonly gastroenteritis, wound infections and septicemia, in children and adults [16,17].

Several extracellular toxins and enzymes that may be associated with the virulence of *A. hydrophila* such as hemolysins, cytotoxins, enterotoxins and proteases [18,19] have been described. These virulence factors induce acute inflammatory responses [20,21] enhancing the expression of genes encoding proinflammatory cytokines [22].

The aim of this work was to investigate the effect of intraperitoneal injection of  $\beta$ -glucan on zebrafish, *Danio rerio*, experimentally infected with *A. hydrophila*. To study this effect we examined the survival outcome in  $\beta$ -glucan treated infected zebrafish, the

percentage of myelomonocytic cells from kidney cells, the bacteria killing ability and the expression of proinflammatory cytokines.

## **Materials and Methods**

Care and feeding of zebrafish followed established protocols [23] (also see [http://zfin.org/zf\\_info/zfbook/zfbk.html](http://zfin.org/zf_info/zfbook/zfbk.html)). Zebrafish wild type adults (1-1.5 g ; 4-5 cm) were anesthetized with MS-222 (Tricaine methanesulfonate, Argent Chemical Laboratories, USA). Euthanasia of zebrafish was obtained by an anaesthetic overdose.

The bacteria, isolated from zebrafish [24], were grown on tryptic soy agar (TSA) plates for 24 h at RT and, after incubation, cells were recovered in sterile phosphate buffered saline (PBS). Quantitation of logarithmic cultures was performed by spectrophotometry and plating dilutions of the culture on TSA.

For the challenge study, the  $\beta$  glucan injections were performed as described by Selvaraj et al. [2] Four groups (2 replicates of 12 zebrafish/group) were inoculated with 10  $\mu$ l of 5, 2 or 0.5 mg/ml of  $\beta$ -glucan using a 0.5 ml [0.3 mm (30G) x 8 mm] syringe; 6, 4 and 2 days prior the inoculation of 10  $\mu$ l from *A. hydrophila* ( $10^8$  cfu/ml). Controls were injected with 10  $\mu$ l of PBS. The mortality was recorded daily up to 4 days.

Another experiment was performed. Six groups (2 replicates of 12 zebrafish/group) were pretreated by a single ip injection with 10  $\mu$ l of 5 mg/ml of  $\beta$ -glucan or PBS at 2, 4 or 6 days prior to challenge.

To determine the changes in the percentage of myelomonocytic cells from kidney, 12 zebrafish were ip inoculated with 10  $\mu$ l of  $\beta$ -glucan at a dose of 5 mg/ml and another 12 with PBS as was described above. On challenge day, 6 zebrafish from the  $\beta$ -glucan group were ip inoculated with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml and the remaining 6 zebrafish were mock injected with PBS. After 6 hours, the kidneys of

zebrafish of each group were removed aseptically and homogenised in two pools. Flow cytometry analysis of the myelomonocytic cells population was based on forward and side scatter on a FACScalibur flow cytometer (Beckton Dickinson) using previously reported settings for the myelomonocytic cells population [24].

The bacterial killing assay was performed according to Chen and Ainsworth [25]. Three zebrafish were inoculated ip with 10  $\mu$ l of PBS and another group of 3 zebrafish with 10  $\mu$ l of 5 mg/ml of  $\beta$ -glucan as indicated in the challenge experiment description. On day 7 after the first inoculation, the kidney cells were obtained and suspended in D-MEM:F12 containing 10% foetal bovine serum (FBS) at a concentration of  $5 \times 10^5$  phagocytes/ml. From this, 0.1 ml was taken and mixed with 0.1 ml of *A. hydrophila* ( $5 \times 10^6$  cfu/ml), mixed well and incubated for 2 hours with occasional shaking in a water bath at 28°C. After 2h, 0.1 ml of the bacteria/kidney cells mixture was diluted on 9.9 ml of sterile distilled water to release living bacteria from phagocytes. This was serially diluted, plated on TSA agar plates, incubated overnight at RT and the number of colonies was counted.

A group of 72 zebrafish was ip inoculated with  $\beta$ -glucan at a dose of 50  $\mu$ g/fish and another group of 72 animals with PBS to determine the tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), interleukin 1  $\beta$  (IL1 $\beta$ ) and interferon  $\gamma$  (IFN $\gamma$ ) expression. The fish in each experimental treatment group (glucan or PBS) were redivided into two subgroups. Fish in a subgroup were challenged with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml, whereas fish in another subgroup were mock infected with PBS by ip injection. After 30 min, 2, 4 and 6h of challenge, the kidneys were sampled and kept in Trizol. Three pools (3 zebrafish/pool) for each treatment and sample time were prepared. Briefly, RNA extraction was performed using Trizol Reagent (Invitrogen). The reverse transcription

was performed with the SuperScript II Reverse Transcriptase (Invitrogen) following the manufacturer indications.

Quantitative PCR assays were performed using the 7300 Real Time PCR System (Applied Biosystems). cDNA amplification for  $\beta$ -actin, TNF $\alpha$ , IL1 $\beta$  and IFN $\gamma$  was performed using specific primers described in [24] and the amplification of CXCL-C1c, CC-chemokine and IL8 was performed using specific primers designed by Primer 3 software [26]. Primer sequences are shown in Table 1. Each primer (0.5  $\mu$ l with a concentration of 10  $\mu$ M) was mixed with 12.5  $\mu$ l of SYBR green PCR master mix (Applied Biosystems) in a final volume of 25  $\mu$ l. The standard cycling conditions were 95 ° for 10 min, followed by 40 cycles of 95 ° 15 s and 60 ° for 1 min. The comparative CT method (2- $\Delta\Delta$ CT method) was used to determine the expression level of analyzed genes [27]. The expression of the candidate genes was normalized using  $\beta$ -actin as a housekeeping gene. Fold units were calculated dividing the normalized expression values of infected tissues by the normalized expression values of the controls.

Data were compared using the Student's t-test. The results are expressed as mean  $\pm$  standard deviation and differences were considered significant at \*P < 0.05.; \*\* P<0.01.

## Results and discussion

Our results indicate that the mortality due to infection with *A. hydrophila* was reduced by injecting different concentrations of  $\beta$ -glucan for three times at 6, 4 and 2 days prior to challenge. The protective effect of ip injection of  $\beta$ -glucan against several infections with pathogens has also been reported previously in different fish species [2, 28]. However the group of fish injected with 5 mg/ml of  $\beta$ -glucan was the only group that showed a significantly reduction of the mortality (figure 1A). A similar dose dependent response to the ip injection with  $\beta$ -glucan has been also reported [2].

The single inoculation of 5 mg/ml of  $\beta$ -glucan at different days, 6, 4 or 2 prior to challenge, showed that it enhanced the protection against bacterial infection; although the inoculation 6 days prior to challenge was the only one that reduced significantly the mortality (figure 1B). Similar results have been reported for brook trout (*Salvelinus fontinalis*) in a challenge with *Aeromonas salmonicida* [29].

The  $\beta$ -glucan pretreated zebrafish showed a percentage of myelomonocytic cells significantly higher than the fish pretreated with PBS and although the infection with bacteria reduced the population of myelomonocytic cells, the percentage of these cells was still higher in the  $\beta$ -glucan pretreated zebrafish (figure 2A). These results are in accordance with previous results [30] that showed that a derivative of glucan (PGG-glucan) enhanced human myelopoiesis. In mice, both intravenous and ip glucan injection resulted in increased bone marrow proliferation [31, 32]. On the other hand Jorgensen et al. [33] observed that 3 weeks after ip injection of glucan in salmon did not produce changes in mean values of head kidney macrophages in both glucan and saline treated salmon although the number of neutrophils increased significantly in the head kidney of the glucan treated salmon. Furthermore the myelomonocytic cells increase may be also explained by a priming effect for chemotaxis in circulating neutrophils to the kidney [34].

*A. hydrophila* was killed more efficiently by kidney cells of zebrafish inoculated with  $\beta$ -glucan than zebrafish inoculated with PBS. Bacterial count was significantly reduced in glucan injected fish compared with the PBS injected fish after 2 h of incubation with kidney cells (figure 2B). This increase of bactericidal activity has been previously reported in carp [2].

The mRNA expression levels of proinflammatory cytokines and chemokines were determined by real time PCR in kidney of adult zebrafish pretreated with  $\beta$ -glucan or

PBS at days 1, 3 and 5 and subsequently inoculated with *A. hydrophila* or mock infected with PBS at day 7 for 30 min, 2, 4 and 6 hours (figure 3).

TNF $\alpha$  expression levels in *Aeromonas* injected zebrafish showed an increase over control levels at 4 hours post-inoculation (hpi), this increase was even higher when the zebrafish were pretreated with  $\beta$ -glucan. The  $\beta$ -glucan pretreated zebrafish and PBS mock infected showed a slight induction at 6 hpi.

IL1 $\beta$  expression levels had a 68 fold-induction at 2 hpi in PBS pretreated zebrafish and infected with bacteria, they began to decline at 4 hpi. The zebrafish pretreated with  $\beta$ -glucan and infected with bacteria presented the same kinetics as the PBS group, however the peak at 2 hpi was lower. The effect of pretreatment with  $\beta$ -glucan in mock infected zebrafish was a minimal expression increase at 30 min and 2 hpi.

The IFN $\gamma$  expression levels of zebrafish pretreated with  $\beta$ -glucan and infected with bacteria peaked at 4 hpi and they began to decline at 6 hpi, however the zebrafish pretreated with PBS and infected with bacteria enhanced the expression levels at 6 hpi. In the same way, the zebrafish pretreated with  $\beta$ -glucan and mock infected enhanced the expression levels at 6 hpi.

Concerning chemokines expression, we observed that in the zebrafish pretreated with PBS and infected with bacteria the expression was lower than the fish infected and pretreated with  $\beta$ -glucan, except for IL8 at 2 hpi, although in this case the standard deviation was high. In fish pretreated with  $\beta$ -glucan and mock infected a weak expression of CXCL-C1c and CC chemokine was observed.

The  $\beta$ -glucan appears to be able to stimulate the production of proinflammatory cytokines and chemokines, including TNF $\alpha$ , IL1 $\beta$  and IL8 [35]. Furthermore, this  $\beta$ -glucan is thought to modulate cytokine production to secondary challenge, but there are



conflicting data as they have been shown to both prime and suppress these responses [36, 37].

In disagreement with our findings, Sener et al. [6] and Toklu et al. [38] showed reduced TNF $\alpha$  levels following administration of  $\beta$ -glucan on animal model of sepsis, suggesting that the protective capacity of  $\beta$ -glucans may be due to modulation of the cytokine profile. However Engstad et al. [36] found that  $\beta$ -glucan primed LPS stimulation of TNF $\alpha$  and that the  $\beta$ -glucan itself was also able to induce a minor amount of TNF $\alpha$ . On the other hand, two and three copies of TNF $\alpha$  have been cloned in rainbow trout and carp, respectively, which have been named as TNF-1 $\alpha$ , TNF-2 $\alpha$  and TNF-3 $\alpha$  [39-41]. Furthermore, in zebrafish a novel TNF gene (TNF-N) has been identified that is present upstream of TNF $\alpha$  gene in the same transcriptional orientation [42]. Although there is a progress in cloning of TNF genes from various fish species, not many functional data exists on fish TNF genes. Therefore, we must take into account that the presence of different copies of TNF may influence our results.

Interestingly, the same situation occurs with IFN $\gamma$  since in zebrafish two IFN $\gamma$  genes (IFN $\gamma$ -1, IFN $\gamma$ -2) have been identified and the expression analysis of these genes suggests that they have an active role on immune responses in fish, where it was showed that, while IFN $\gamma$ -1 was expressed in normal tissues or treated with LPS and Poly I:C, IFN $\gamma$ -2 was expressed only after Poly I:C treatment [43]. In our case, we used primers that amplified IFN $\gamma$ -2 and it was observed that the expression increased earlier in the zebrafish pretreated with  $\beta$ -glucan and infected with *A. hydrophila* than in PBS pretreated fish. Furthermore, we found that  $\beta$ -glucan itself enhanced 18 fold the IFN $\gamma$  expression. Consequently, it seems that the  $\beta$ -glucan may modulate the expression of IFN $\gamma$ , which is a cytokine that is a strong activator of macrophages and the key of type 1 T helper (Th1) cell immune responses during infections with intracellular pathogens

[44]; moreover, it can up-regulate the capacity of monocyte-derived macrophages to phagocytose apoptotic cells [45]. Therefore, it seems that the immune cells could be more active and have a reaction time faster against a challenge. However, this increase of the expression of IFN $\gamma$  does not seem sufficient to explain protection with  $\beta$ -glucan. The chemokines are a family of cytokines that induce the migration of cells to sites of infection or injury in response to many stimulants, particularly proinflammatory cytokines such as IL1 and TNF [46]. In our case, we observed that the higher expression levels of chemokines mainly corresponded to fish pretreated with  $\beta$ -glucan and infected with *A. hydrophila*. CXCL-C1c and CC chemokine were found in a SSH performed in zebrafish infected with *A. hydrophila* for 1 hour and that enhanced their expression in the kidney [Rodríguez, unpublished results]. Therefore, they might play important roles in the response against the *A. hydrophila* infection. IL8 or CXCL8 are chemoattractive to basophils, cytokine-stimulated eosinophils and peripheral blood T lymphocytes in mammals [46]. In fish, it has been shown that trout CXCL8 expression is increased in head kidney macrophages following exposure to LPS and recombinant human TNF $\alpha$  [47]. Chemokines could be related with the increase in myelomonocytic cells through a priming effect for chemotaxis in circulating neutrophils to the kidney.

In summary, the literature on the effects of  $\beta$ -glucan on cytokine expression is inconsistent, probably reflecting a complex biological interplay as well as the use of different experimental systems and a variety of  $\beta$ -glucan preparations. Furthermore, in fish multiple isoforms of cytokines are present, possible due to a genome duplication event in bony fish [48]. These inconsistencies contribute to the enigma associated with the mechanisms by which  $\beta$ -glucan protects against some bacterial infections.

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## Figure legends

**Figure 1:** A) Cumulative mortality percentage at 96 h postchallenge in adult zebrafish ip infected with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml that 6, 4 and 2 days prior to challenge were inoculated with 10  $\mu$ l of PBS or 0.5, 2 and 5 mg/ml of  $\beta$ -glucan. B) Cumulative mortality percentage at 96 h post-challenge in adult zebrafish ip infected with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml that 6, 4 or 2 days prior to challenge (dbc) were inoculated with 10  $\mu$ l of PBS or 5 mg/ml of  $\beta$ -glucan. Each bar represents the mean of two duplicates. Error bars represents standard deviation.

**Figure 2:** A) Percentage of myelomocytic cells measured by flow cytometry from kidney of zebrafish challenged with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml for 6h and that were inoculated with 10  $\mu$ l of PBS or  $\beta$ -glucan 5 mg/ml at 6, 4 and 2 days prior to challenge. Statistical difference between infected and mock infected zebrafish is given by <sup>†</sup>( $P < 0.05$ ). Statistical difference from control group (PBS pretreated) is given by <sup>\*\*</sup> ( $P < 0.01$ ). B) Bactericidal activity in kidney cells. Statistical difference from control group (PBS pretreated) is given by <sup>\*\*</sup> ( $P < 0.01$ ).

**Figure 3:** Proinflammatory cytokines and chemokines expression levels in kidney cells from zebrafish challenged with 10  $\mu$ l of *A. hydrophila* at a dose of  $10^8$  cfu/ml or mock infected with PBS for 30 min, 2, 4 and 6h and that were inoculated with 10  $\mu$ l of PBS or  $\beta$ -glucan 5 mg/ml at 6, 4 and 2 days prior to challenge. Each point represents the mean of 3 pools (3 zebrafish/pool) for proinflammatory cytokines and 2 pools (3 zebrafish/pool) for chemokines. Error bars represent standard deviation.

## Table legends

**Table 1:** Sequences of oligonucleotide primers of CXCL-C1c, CC-chem and IL8.

**Reviewers' comments:**

**Reviewer #1:**

**1. Author should describe zebrafish size and weight.**

The zebrafish size and weight is now described in line 73.

**2. How much volume inject to zebrafish and also what kind of needle did you use?**

The injected volume was added in several sentences and the type of needle used is described in line 82.

**3. In material and methods section the author should write about the expression analysis of TNF alpha, IL1beta, IFN gama (conditions of the real-time PCR)**

This has been corrected (lines 115-130)

**4. In the results section the author should show the figure results of the flow cytometry analysis of the myelomonocytic cells population.**

We believe that Figure 2A is enough to explain the results showing the percentages of the myelomonocytic cells population, because it clearly shows the effect of glucans and bacteria in the percentage of the myelomonocytic cells.

**5. Page 4 lines 68, 92 and 94 <<myelomonocityc>> should be myelomonocytic**

This has been corrected.

**6. Page 15: figure 1 (A and B) and Page 16: figure 2C the author should change the white figure to other color.**

This has been changed.

**7. Two copies of TNF have been cloned in rainbow trout and carp, which have been named TNF-1alpha and TNF-2alpha (refer to Savan and Sakai, 2004). The author should make a comparison with TNF-1alpha and TNF-2alpha published.**

The existence of different copies of TNF was commented (lines 198-204).

**8. The author should compare the result of IFN gamma in the study with the two interferon (IFN) like gamma that has been reported refer to Savan and Sakai, 2006).**

It was also commented (lines 205-210).

**9. The author should do expression analysis of chemotactic cytokines such as chemokines (CC and CXC) (refer to Laing and Secombes, 2004a) and other cytokines implicated in inflammation for example IL-18.**

Additional experiments were conducted. The expression analysis of some chemokines was performed (CXCL-C1c, CC, IL8). This has been included in Material and Methods (lines 121-122) and also in Results and Discussion (lines 226-244).

**Reviewer #2:**

**1. Line 25: Intraperitoneal injection of 5 mg/ml of <beta>-glucan. As long as the authors don't state the volume of the injection it makes no sense. This lack of exact statement reduces the quality of the manuscript.**

This has been corrected.

**2. The <beta>-glucan was injected intraperitoneally and the fish were challenged by intraperitoneal injection of *A. hydrophila*. A better challenge-model is to challenge the fish by immersion (bathing) which is a more natural way of introducing infection to the fish.**

The challenge immersion was not conducted because it does not cause mortalities unless induce a wound on the fish. (Rodríguez et al., Fish Shellfish Immunol 2008; 25: 239-249.)

**3. Below are listed line numbers that have to be amended with regard to statement of dose and not just concentration:**

**Lines: 23, 25, 26, 81/82, 82, 85, 87, 89, 96, 109, 123, 126, and legends to figures 1 and 2.**

This has been corrected.

**4. Minor things.**

All the minor changes indicated by the referee have been corrected.

Figure 1

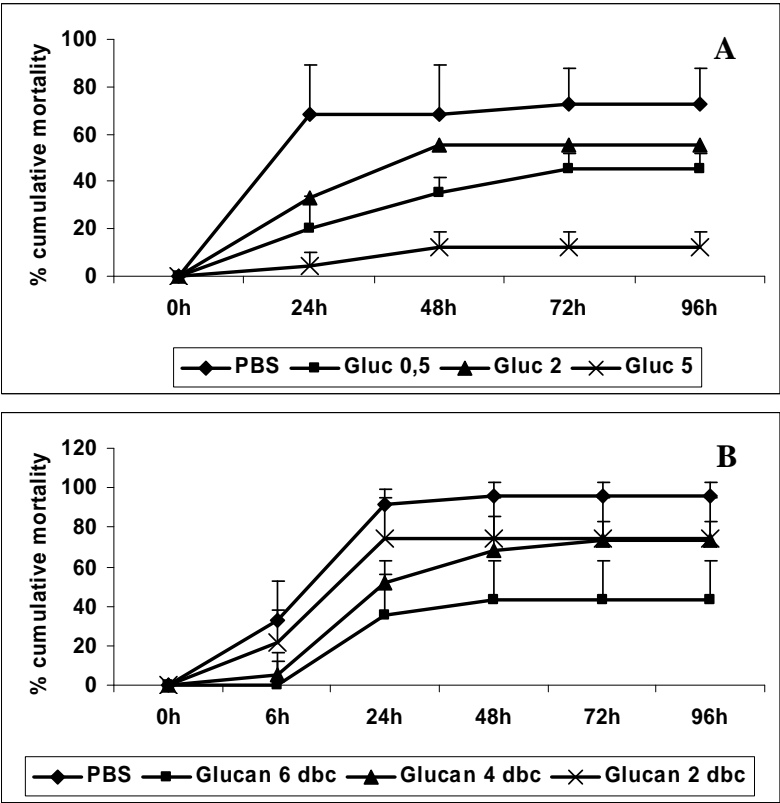


Figure 2

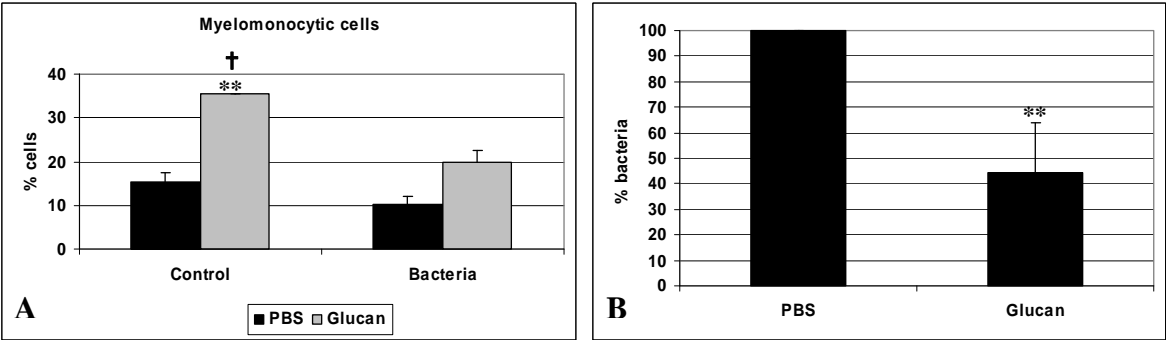


Figure 3

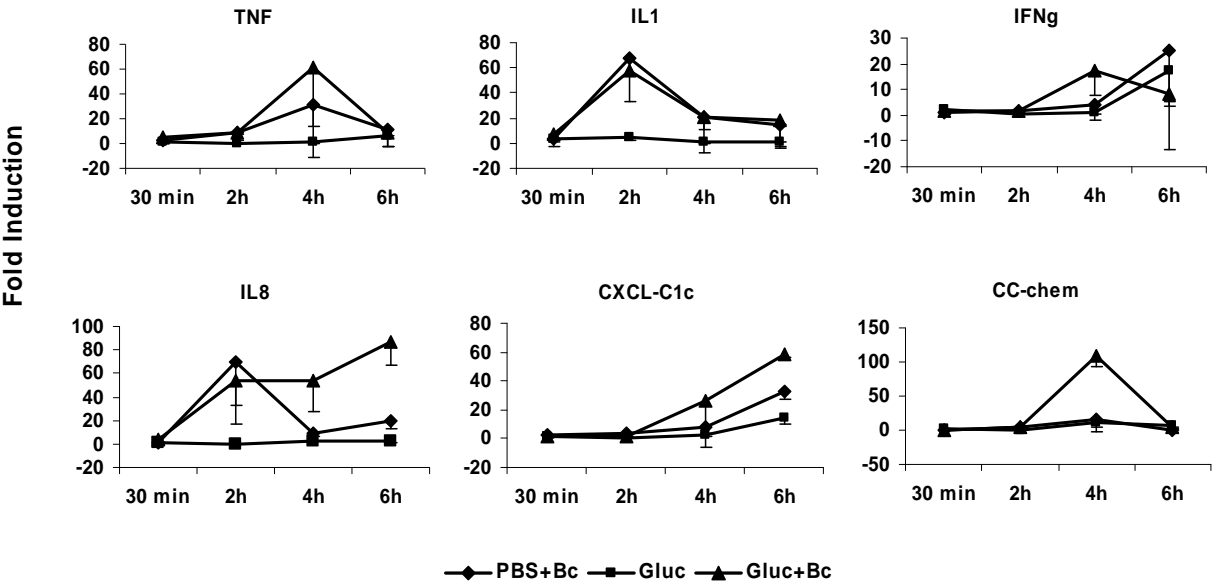


Table 1

	Sequence Primers 5'-3'		Nº accession GenBank
	Forward	Reverse	
CXCL-C1c	CTGCTGCTTGCGGTAGTTTA	TCAACTTTGTCGCAGTTTGG	NM_001115060
CC-chem	TGCAGCTCAACCAGAAGATG	CTTTGACGCATGGAGGATTT	BC162421.1
IL8	GTCGCTGCATTGAAACAGAA	CTTAACCCATGGAGCAGAGG	XM_001342570.2